

September 2023

Useful Info:

**Helpdesk –**

**0300 123 4412**

**Email us** **kchft.oralhealthkent@nhs.net**

**We will be holding a FREE webinar Mon 4th December 2023 @ 3:30pm Contact us via email for more information!**

**Check out our Webpage below for even more tips and resources!** [**https://www.kentcht.nhs.uk/service/dental-services/oral-health-promotion-resources/**](https://www.kentcht.nhs.uk/service/dental-services/oral-health-promotion-resources/)

**Brushing apps and videos can be really helpful to entice even the most resistant little ones to brush. Here are some of our favourites!**

 [Teeth Brushing For Kids | Brush Time App | Aquafresh UK](https://www.aquafresh.com/en-gb/about-us/aqf-app/)

[aqua fresh app - Google Search](https://www.google.com/search?sxsrf=AB5stBiiimq7mMURHqBiwQ5HvVPEdayQmA:1690995520003&q=aqua+fresh+app&tbm=vid&source=lnms&sa=X&ved=2ahUKEwi3hqWaub6AAxUqT0EAHe9TD_0Q0pQJegQICRAB&biw=1280&bih=609&dpr=1.5#fpstate=ive&vld=cid:24ba7fb3,vid:8FTRwjqXCsc)

[**https://youtu.be/2UNYuK9Xi1o**](https://youtu.be/2UNYuK9Xi1o)

***Help for Early Years providers***

Follow the link for information from GOV.UK on Oral Health advice for Early Years providers.

Here you will find information and resources on how you can support young children and their carers with their Oral Health needs.

[Oral health - Help for early years providers - GOV.UK (education.gov.uk)](https://help-for-early-years-providers.education.gov.uk/safeguarding-and-welfare/oral-health)

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**Wondered why Oral Health is in the EYFS framework?**

You may be aware that EYFS framework states that early years providers must promote good Oral Health for children who attend their setting. As a team we are here to help support you with this.

Oral health is important, even with baby teeth. This is because children’s baby teeth:

* Supports with eating and speech and language development
* Helps them have a happy, confident smile
* Baby teeth make space and help to guide adult teeth in the right place

Good Oral Health also keeps children free from toothache, infection and swollen gums.

**Did You Know? In 2022, 42,180 children were admitted to hospital for tooth extractions under General Anaesthetic.**

Oral Health in Early Years